

Family Preparedness Plan: Home and Personal Security

My plan to minimize distractions and improve situational awareness:

- Minimize what I carry
- Keep my hands free as much as possible
- Train children to stay near me or ask for permission before wandering off
- Minimize use of cell phone, texting, or iPod when out and about
- Other: _____
- Other: _____

Errands and locations in which I am most vulnerable:

- _____
- _____
- _____
- _____

My plan to improve my personal and my family's safety:

- Martial arts training
 - My choice: _____
- Firearms training
 - Rifle
 - Shotgun
 - Pistol
- Firearms training for children
 - Yes
 - No
- Establish a safe room
 - Location: _____
 - Strengths: _____
 - Weaknesses: _____
 - Strengthen entrances, both doors and windows
 - Equip with survival basics
 - Family drill

Install a home security system

- Yes
- No
- Family drill

360-degree home security scan

- Fortify these areas outdoors:

- Add outdoor lighting here:

- Indoor security

- Windows
- Exterior doors

- Consult local police or sheriff's department for additional security ideas

Safer kids

- Procedures for answering the door and the phone when we are away
- Firearms safety training (whether we own firearms)
- Pack a survival kit for each child in the family